

HRT CREAM APPLICATION SITES

FRONT

BACK

**INSIDE OF
UPPER ARM**

**INNER
FOREARM**

**LOWER
ABDOMEN**

UPPER BUTTOCK

**INNER
THIGH**

BACK OF KNEES

ROTATE SITE EACH DAY

**RUB IN CREAM UNTIL IT
IS WELL ABSORBED**

**WASH HANDS AFTER
APPLICATION**

