

Peptide Therapy at *wellkcs*

What are Peptides?

Peptides are short chains of amino acids that help regulate hormone balance, metabolism, healing, and cellular repair. There are thousands of different peptides in your body.

There is a great deal of emerging research looking into the benefits and potential uses of different peptides, but many are not yet approved as specific treatments by the FDA. Using them is considered “off-label” use.

Insulin and GLP-1 medications are examples of peptides

Looking for a quick summary of some of the most common peptides?

- NAD+ - “Anti-Aging”, skin and hair health, energy, metabolism
- Glutathione - “Anti-Aging”, energy, immune support
- Sermorelin - “Anti-Aging”, supports fat metabolism and muscle mass preservation, improves energy and sleep
- PDA (BPC-157) - Supports tissue repair and recovery, improves mitochondrial function
- TB-500 - Supports and accelerates tissue repair and healing, reduces inflammation, supports hair growth

Looking for more details?

The next few pages include more detailed information on ALL of our available peptides, the common formulations, and more of their potential benefits.

Questions?

Just text us at 913-513-2166 or go to wellkcs.org/schedule to schedule an appointment to discuss the best options for your specific goals!

PEPTIDE	DOSAGE FORMS	POTENTIAL BENEFITS
5-Amino 1 MQ (5-Amino- 1methylquinolinium Iodide)	Oral capsules (veggie) <i>Around \$80-\$220 per 30 doses depending on dose strength</i>	Anti-aging, weight management, energy, muscle support
NAD+ (Nicotinamide Adenine Dinucleotide)	Subcutaneous injections <i>Around \$100-\$300 per 1-2 months depending on dose and regimen</i>	Anti-aging, skin and hair health, energy, weight management, metabolism, brain health
AOD-9604 (Anti-Obesity Drug-9604)	Sublingual - <i>Around \$120 per 30 doses</i> Topical - <i>\$130 per bottle</i>	Weight management / fat metabolism, cartilage and joint repair
Glutathione	Subcutaneous injections Oral troches <i>Around \$60 for 10 doses or \$140 for 30 doses</i>	Anti-aging, energy, immune support, liver detox, metabolic health support, antioxidant
GHK-Cu Copper Peptide	Scalp solution - <i>Around \$70-\$150 depending on size</i> Facial serum - <i>Around \$100 - several formulation options</i> Sublingual troches or tabs - <i>Around \$50-\$100 for 30-90 tabs</i>	Collagen and tissue regeneration, promotes firmer, tighter, youthful skin, promotes hair growth and thickness
Larazotide (AT-1001)	Oral capsules (veggie) <i>Around \$80-\$200 per 1-2 months</i>	Prevents leaky gut, reduces gut inflammation & GI symptoms, strengthens gut barrier, may help celiac disease or gluten intolerance
Oxytocin	Oral dosage forms - <i>Around \$40-\$60 per 30 doses</i> Nasal Sprays - <i>\$60-\$120</i> Subcutaneous injections - <i>\$60</i>	Stress and anxiety reduction, mood regulation, supports libido, enhances romantic and social bonding, anti-inflammatory, antioxidant
Tirzepatide, Semaglutide, & Retatrutide	Subcutaneous injections <i>\$200-\$500 per 2-3 months</i>	Weight management, inflammation, insulin and blood sugar balance, cardiovascular support

PEPTIDE	DOSAGE FORMS	POTENTIAL BENEFITS
Pentadeca Arginate (PDA) (synthetic but functionally identical version of BPC-157)	Oral Capsules (veggie) Subcutaneous injections <i>\$60-\$100 per month</i>	Anti-aging, cardiovascular & mitochondrial support, tissue repair, injury recovery
PT-141 (Bremelanotide) Same as brand name Vyleesi for hypoactive sexual desire in women	Oral dosage forms - <i>Around \$50-\$70 per 15-30 doses</i> Nasal Sprays - <i>Around \$100-\$150</i> Subcutaneous injections - <i>Around \$140 for approx 30 doses</i>	Naturally improves libido and sexual desire, stimulates neural pathways for arousal and dopamine release, enhances physical sensitivity
Selank (TP-7)	Nasal Spray <i>Around \$130 per bottle</i>	Helps anxiety, stress, focus, cognition, calming effect without sedation, neuroprotective, immune support
Sermorelin	Sublingual Tablets or Troches Subcutaneous injections <i>\$80 per month</i>	Stimulates your body's <i>own</i> growth hormone production, anti-aging, supports weight management, muscles, energy, stamina, recovery, sleep, collagen, bone, & cellular health
SLU-PP-332	Oral Capsules (veggie) <i>Around \$50 per month</i>	Exercise mimetic, supports metabolism, fat burning, insulin sensitivity, energy, cell health, anti-aging
SS-31 (Elamipretide)	Subcutaneous injections <i>Around \$250 per month</i>	Anti-aging, antioxidant, cardiac, renal, and retinal protection
Tesamorelin	Subcutaneous injections <i>Around \$250-\$350 per month</i>	Reduces visceral adipose (fat) tissue, improves cholesterol, supports cognition
TB-500 (Thymosin Beta-4 Acetate, non-fragmented)	Subcutaneous injections <i>Around \$150 for first 4-6 weeks then around \$100 per 2 months</i>	Accelerates tissue repair and injury/wound healing - muscles, tendons, & ligaments; reduces inflammation & scarring, supports flexibility, joint stiffness, range of motion, & hair growth

Common Peptide Bundles for Specific Goals

Longevity and Cardiovascular Support

- PDA
- SS-31
- Tirzepatide, Semaglutide, or Retatrutide
- Glutathione

Weight Management Stack

- Tirzepatide, Semaglutide, or Retatrutide
- AOD-9604
- 5-Amino-1MQ
- Tesamorelin

Sexual Wellness Support

- PT-141 45-60 minutes before activity as needed
- Oxytocin intranasal before intimacy
- Sermorelin at bedtime daily

Mitochondrial Optimization

- SS-31 daily
- 5-Amino-1MQ daily
- PDA daily
- Glutathione 3 times weekly
- 12+ week protocol

Gut Health & Inflammation Repair

- Larazotide
- Thymosin Beta-4 Acetate
- Glutathione
- Selank
- 12-16 week protocol

Performance & Recovery Support

- TB-500 twice weekly for 4-6 weeks
- Sermorelin at bedtime daily
- PDA 3 times weekly
- Glutathione
- 8-12 week protocol

Cognitive Enhancement Support

- Selank
- SS-31
- Sermorelin
- Glutathione
- 8-16 week protocol

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