



Oral GLP-1 Medication Options

Wegovy (semaglutide) now comes in a daily pill.

- Overall effect may be slightly lower than injections
- Pills must be taken on an empty stomach with minimal water at least 30 minutes before eating. They are less effective if you do not follow this routine.
- Potential GI side effects may be slightly higher
- You may need a higher dose for the best effect
- Self pay pricing starts at \$149 per month for the lowest dose. The price goes up with the dose to a max of \$299 per month.
- With insurance coverage, you may only have a monthly copay of \$25. You can check your insurance coverage here:
wegovy.com/obesity/what-to-pay-for-wegovy.html#check-your-coverage

Foundayo (orforglipron)

- A newer oral GLP-1. It is slightly different from the other GLP-1s
- Also a daily pill but you can take it anytime with or without food
- Self pay pricing around \$149-\$350 per month
- With insurance coverage and savings card, may be as low as \$25 per month. You can check insurance coverage here: foundayo.lilly.com/coverage-savings

If your insurance plan covers one of these medications, you typically have to meet the following criteria:

- BMI of 30 or higher
- OR BMI 27-29 plus a weight-related health condition such as high blood pressure or high cholesterol

Some of our specialty compounding pharmacies now have oral versions of both semaglutide and tirzepatide.

- Semaglutide pricing is around \$75 to \$135 per month
- Tirzepatide pricing is around \$105 to \$165 per month

This information was updated in April 2026 and is subject to changes

Reach out anytime with any questions or to schedule an appointment to discuss these or other options in more detail.

www.wellkicks.org

Text us at 913-513-2166