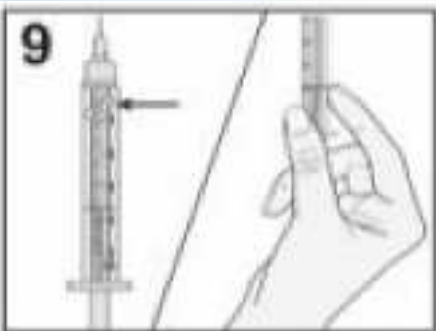
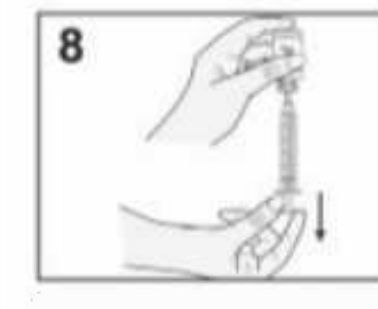
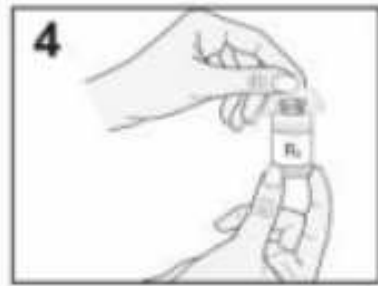
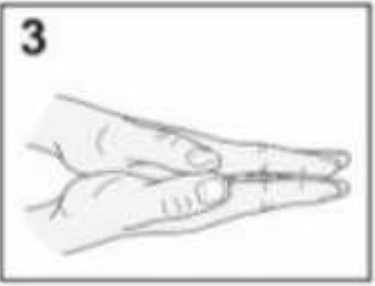
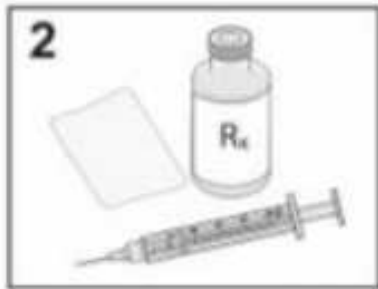
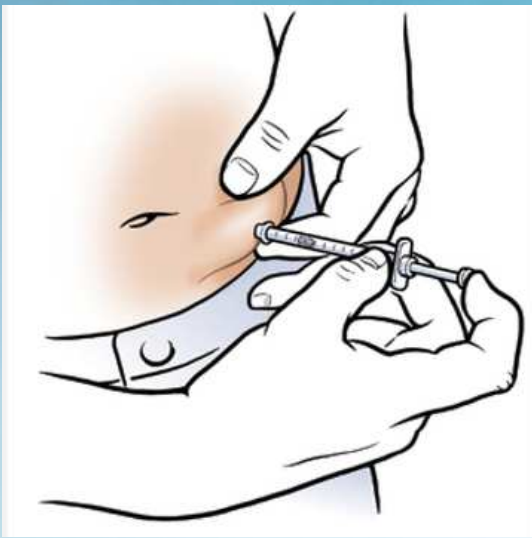


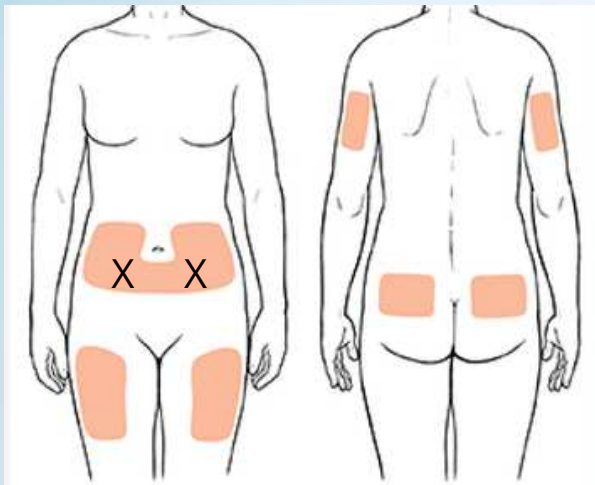
Subcutaneous Injection Instructions



1. Wash your hands
2. Gather your supplies
3. Gently roll medication vial between your hands a few times to evenly mix
4. Clean the top of the vial with an alcohol swab
5. Take caps off syringe. Pull the plunger down to the desired unit mark to draw air into syringe
6. Insert syringe needle straight down into vial
7. Push plunger down to inject air into vial (this balances the vial's vacuum effect)
8. Turn vial and syringe upside down. Slowly pull plunger down to desired unit mark, you should see the liquid slowly filling syringe
9. Remove syringe from vial and remove air bubbles as needed. Do this by lightly tapping the syringe with a pen which will make bubbles float upward



10. Pinch a small area of skin/fat in your chosen injection site. Wipe clean with alcohol wipe and let dry. Inject needle into skin at 90 degree angle, slowly push plunger in to inject all medication, leave in place a few seconds then withdraw and dispose of needle



Choosing injection site - I recommend the lower abdomen around the spots marked with an X. Pick a spot below and at least 1 inch away from your belly button and above your belt line. Rotate between the left and right sides

IF YOU CANNOT GET AN FDA-CLEARED SHARPS CONTAINER, FOLLOW THESE GUIDELINES:

Use an empty household container with these features:



Discarding a household container:



DO NOT USE

These containers can break or puncture easily.



Needle Disposal - You can purchase a sharps container from Amazon for around \$7 or use a heavy plastic container as described on the left

If you have any trouble
or questions just reach
out via text!
913-213-1352

WellCare

